



2020 Annual Conference Breakout Speakers



Purpose Over Possessions *Midway Room*

Are you ready to live life differently? Get rid of the distractions, clear the path of clutter, and experience a guilt-free way of living out what God has called you to do. Stop believing the lie that more stuff equals more happiness and find true contentment by taking control of your "stuff". Expert organizer and best-selling author **Jennifer Ford Berry** is passionate about teaching people how to simplify life in a way that will free up the Space, Time, Energy, and Money (S.T.E.M.) you need to live ON PURPOSE.



Simple, Happy Relationships *Flanders 1*

Relationships naturally have ebbs and flows. For that reason, we need to continuously cultivate meaningful and intentional connections with the ones we love and the people that we come in contact with on a daily basis. In this workshop **Gail Crowder** will give us a SIMPLE seven step process that will help us develop happy relationships with others so that we don't end up losing ourselves in the process.



Time Management God's Way *Flanders 4*

Are you constantly running to "catch up" but at the end of the day feel frustrated that it seems you got nothing done? In this session, **Jessie Seneca** will help us examine our time, schedules, and commitments. We will learn techniques and principles of time management and planning based on scripture. Through hands-on activities we will gain the tools to set realistic goals, create order rather than chaos, and find a peace that comes from doing life HIS way.



What a Difference a Day Makes! *DaNang 1*

Does it seem impossible to squeeze a day of rest into your crazy, over-scheduled life? God wants to give you that gift every week. Sounds good, but is it really possible in today's world? In this workshop, author and pastor **Linda Pevey** will help you develop a plan to get a regular day of Sabbath rest into your routine, a day you will look forward to all week! Get ready to become a more relaxed and joyful person, and make your whole week better!

Feast or Famine: How to Improve Your Bible Study Diet

DaNang 3



We want to read and study the Bible, but our packed schedules and busy lives often prevent us from doing so. **Andrea Thorpe** will show us how can we stop nibbling on random bits and pieces of scripture while on the go and instead make time to stop and feast on God's Word. Sit for a bit to discover ways to carve out time for Bible study and to learn how to make the most of that time.

Let's Talk!

Balcony East



Sometimes the best way to learn something new is to have a conversation. For the last few years, Faith Filled Women has partnered with a wide variety of churches in our area to bring women together to talk about faith issues that impact their daily lives. At these Meetups, we discuss topics like forgiveness, friendship, and what it means to be a Proverbs 31 woman today. Experience our dynamic facilitator, **Sara Lowery**, as we discuss strategies to simplify our lives. Come join the conversation!

Filled to Overflow

Balcony West



The hectic pace of today's culture can leave us feeling drained, defeated, alone, and wondering how we will ever muster the strength within ourselves to do it all over again the next day. But we were created for more than just getting by, for more than just running on fumes. Join **Tanya Westhoff** as she takes a closer look into the lives of the women of 2 Kings 4:1-7. Through the lives of these women, we will find renewed hope in God's promise of provision, and renewed strength in God's promise of purpose. We will find that we are Filled to Overflow!